

NELSON MANDELA DAY 2019

“It is in your hands to create a better world
for all who live in it”

Nelson Mandela



History of the Day

Nelson Mandela International Day (or Mandela Day) is an annual international day in honor of Nelson Mandela, celebrated each year on 18 July, Mandela's birthday.

67 years of the life Nelson Mandela had been devoting to peace and humanism – as a defender of human rights, as a political prisoner, as a peacemaker and the first president of free South Africa, who was democratically elected.



Celebration of Mandela Day in regions of Ukraine

As part of the annual Mandela Day celebration Ukrainian Aspen team have organized 5 different projects in 5 regions of Ukraine: Kyiv, Sumy, Lviv, Poltava & Odessa.

Aspen has invited the South African Embassy in Ukraine to join the initiative and to take part in the project in Kyiv.

Aspen partner company Rost Group also joined the project.

Celebration of Mandela Day in regions of Ukraine



- South-East Region – Visiting *Odessa Children's Orphanage No 1*
- South-East Region – Visiting *Poltava*
- West Region – *Visiting Lviv City Hospice*
- Center Region – *Visiting Sumy City Children's Hospital*
- Kyiv Office – *partnering St. Egidio Society conducting the picnic for elderly people.*

Kyiv Office Project for Mandela Day 2019:

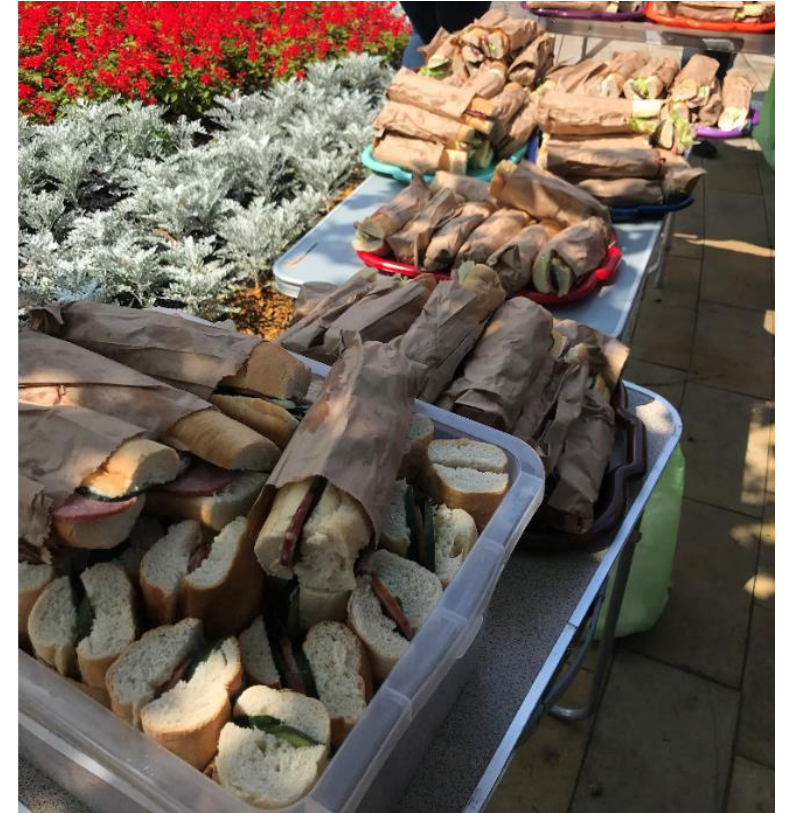
In 2019, the Aspen office in Kiev decided to dedicate Nelson Mandela's Day to giving food to those in need.

But our inspiration has no limits and the planned sharing of food in the process of organization has turned into a festive picnic with ice cream, music and a winning lottery!

We were conducting a project for the first time in collaboration with the Society of St. Egidio.

Also, for the second year in a row, our friends the Embassy of South Africa joined our initiative.

Moreover, Aspen business partner Rost Group joined the initiative too.



St. Egidio Society

Aspen has conducted this project together with the society of St. Egidio in Ukraine.

Like Nelson Mandela, the St. Egidio Society worldwide tackles inequalities, helps those in need, and supports health initiatives.

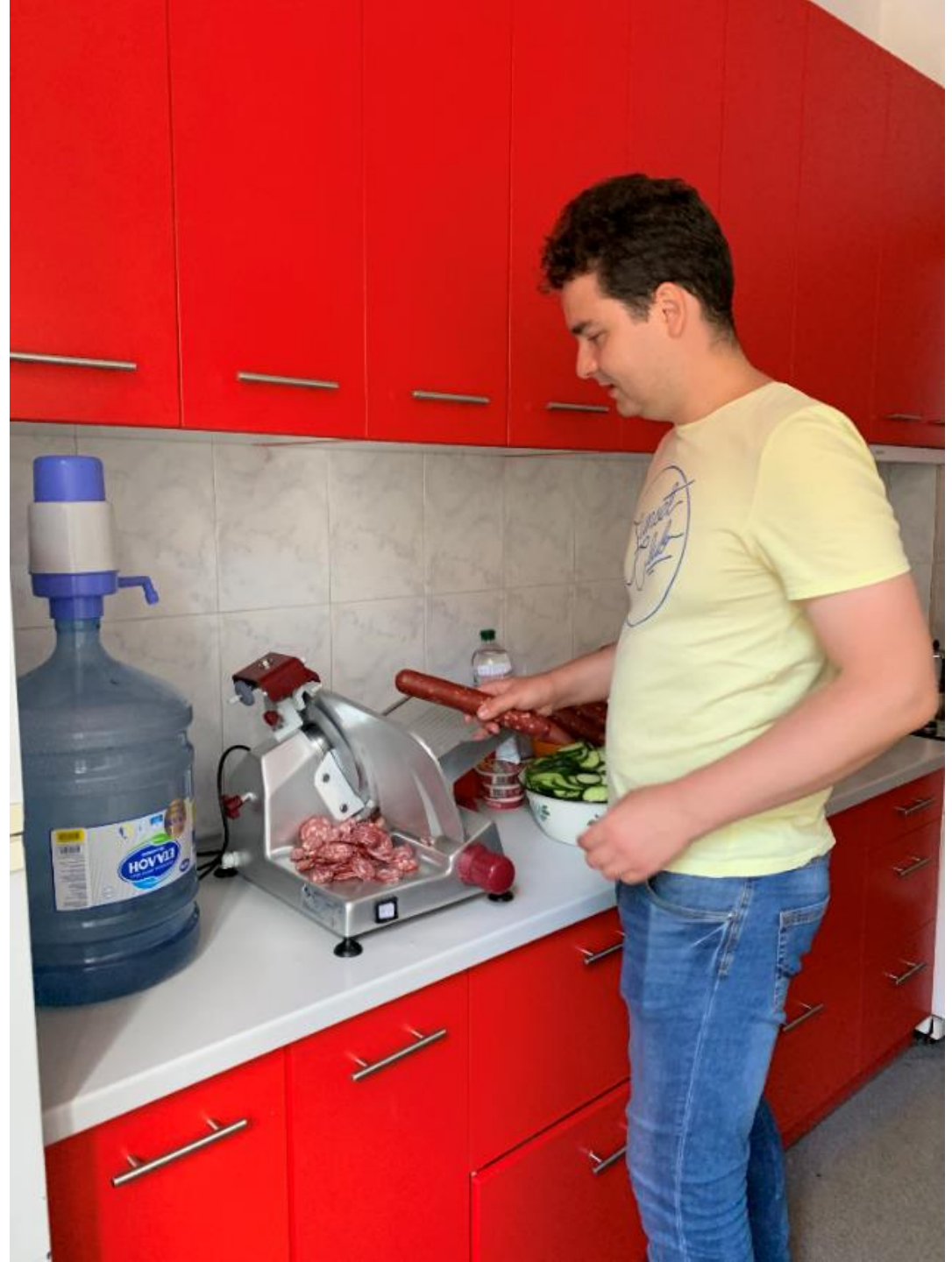
The projects of the Society in Kiev are aimed at helping those in need with food and necessities, as well as a large amount of time devoted to the problems of children of Roma nationality.



Healthcare. We Care.

Kyiv Office Mandela Day 2019 Campaign in numbers

- 3 partners joined Aspen initiative
- 27 people were involved in organization and conduction of the picnic (4 Aspen team members; 12 representatives of South African Embassy; 3 people from Rost Group; 8 people from St. Egidio Society)
- 125 kg of food were purchased
- 7 people spent 4 hours on making sandwiches
- 180 sandwiches were made
- 160 presents for winning lottery were prepared
- More than 150 persons received the food
- Each of them won a price!















An important detail of our holiday was our desire to spend it in the concept of ZERO WASTE

We abandoned the usual disposable plastic tableware and polyethylene:

- With the support of our partners, we tried to present everyone a reusable mug that people can use constantly.
- For the rest, we only used recyclable materials, such as woods, paper and starch.

Central Region Project for Mandela Day 2019:

In 2019, the team of Central Region of Aspen in Ukraine decided to pay attention to St. Zinaida Sumy City Children's Clinic.

The Clinic was built in 1896 as the main city clinic, to the moment of foundation it had three buildings. In 1926 became a Children's Clinic

Historical buildings of the hospital permanently require reconstruction and repair.

The Clinic recently received a donation from a foreign charity organization for purchasing the gastroscopic equipment. But due to lack of budget they cannot prepare the cabinet for it.

So the Central region team decided to help with the room repairment.





By result of the day of work the room was cleaned from previous materials, treated against mold and freshly painted.

Now the room is ready for installing the new equipment and for opening for it's small patients.



Western Region Project for Mandela Day 2019:

The team of Western region of Aspen in Ukraine spent their Mandela Day for helping patients City Clinical Hospital "Hospice".

Hospice provides palliative care and symptomatic treatment to patients with oncology and chronic diseases. In total 30 patients are kept in Hospice.

Mostly they are elderly people who have no families; thus they require help with purchasing medicines and sanitary products.

But the most important that they have lack of communication.

The team spent their time on talking to patients, helping them with the routine staff. Their presence at the hospital was warmly accepted by the patients, and they were grateful for such attention.





Also, the team donated some medicines and sanitary products to the Hospice.



Eastern Region Project in Poltava for Mandela Day 2019:

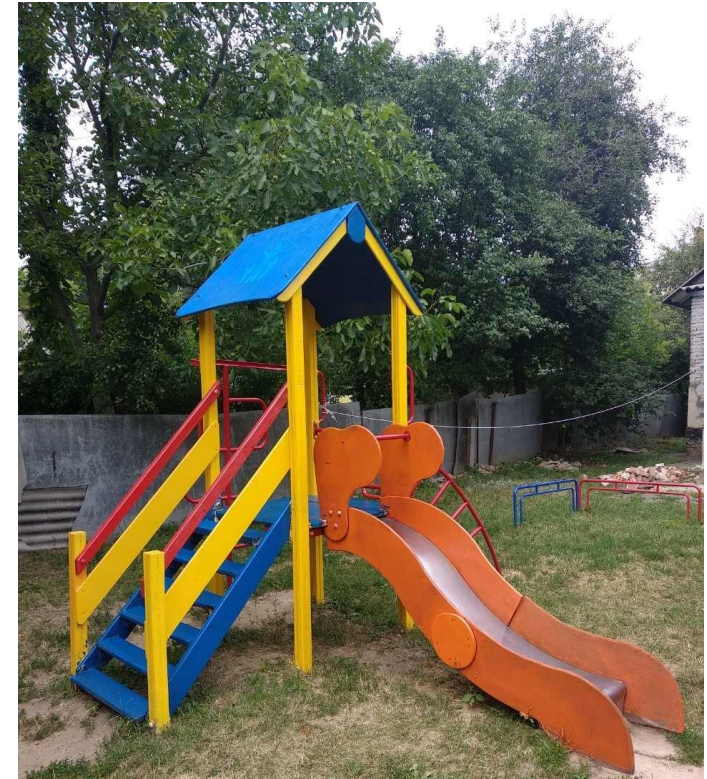
One part of Eastern region team spent their Mandela Day at Poltava Oblast Children's TB Dispensary.

Poltava Oblast Children's TB Dispensary has not sufficient funding and most part of the budget slightly covers part of the needs for medicines and medical equipment.

The territory of the institution is in terrible condition and needs to be repaired and maintained.

The team dedicated their time for reparation of the playground in the yard of the Dispensary.





Eastern Region Project in Odessa for Mandela Day 2019:

Another part of Eastern region team also paid their attention to children and visited Odessa city orphanage.

In the Orphanage, children live between the age of birth and up to 4 years. At the moment about 90 children live here. 60% of children have pathology of the central nervous system, 20% are babies with HIV infection, 10% are deeply disabled.

All children are deprived of parental care, so the team spent their time playing with children and drawing.

They also brought some sweets and presents to children.





The Orphanage are always in need of support due to lack of funding.

So Aspen Eastern Region team donated some household goods and hygiene products to Orphanage.





Healthcare. We Care.

“IT ALWAYS SEEMS
IMPOSSIBLE
UNTIL IT’S DONE.”

- NELSON MANDELA

